

After completing the Foundation Course of Life Alignment, you can continue on a more professional path by advancing through further training modules. To become a certified Life Alignment Practitioner with a licence to practice, you are required to complete up to Module 2, fulfil the required case studies, attend the Masterclass with Jeff Levin, and participate in the designated practice days.

Modules 1 and 2: Deepen Your Mastery and Become a Professional Life Alignment Practitioner

### **Module 1: Body Alignment Technique**

3–4 days training plus required practice.

Module 1 takes your skills to a deeper and more precise level by exploring how different body systems interact and contribute to physical, emotional, and energetic imbalances.

You will learn to:

- Work more specifically with pain and its underlying causes
- Release learning blockages and enhance memory and focus
- Balance energy flow between organs, glands, and body systems
- Address spinal blockages and emotional patterns such as fear, self-doubt, and suppressed anger
- Support healing processes related to digestion, infections, and systemic imbalances

This module strengthens your ability to work professionally and confidently with clients, integrating structural, emotional, and energetic understanding into one coherent approach.